Resources for Asian and Pacific Islanders community members

**NJIT Resources:**

*Our Space: BIPOC Therapy Group (C-CAPS)*

**Mondays 2:30 p.m. – 3:45 p.m. E.T.**

Facilitated by Shalin Bhatt

This group supports and connects students of color at NJIT, increasing a sense of community through conversations that center racial, ethnic, and cultural perspectives. Members commit to maintaining a safe and validating environment for diversity of thought, emotion, lived experience, and identity.

'Our Space' aims to enhance self-awareness, authenticity, empowerment, and one's ability to respond to stress, adversity, and trauma.

**Dates and Time:** Mondays from 2:30 p.m. to 3:45 p.m. ET. For location and more information, please contact Shalin Bhatt (shalin.bhatt@njit.edu)

**Organizations:**

- Asian American Advancing Justice Anti-Hate Crowd-sourced Community Resources Document
  Community-based Google doc organized both online and state-by-state events, reporting, and resources.

- Asian American Federation Booklet
  Stay Safe from Hate: How to Protect Yourself in Threatening Situations available in English, Chinese (simplified), Chinese (traditional), Korean, Japanese, Tagalog, Vietnamese.

- The University of Chicago Crown School of Social Work, Policy, and Practice Resources
  Resources developed by the Asian Students Association on Knowing the Facts, Educational Resources, Community Resources, Training Resources, Mental Health Resources, and References for Further Study.

- STOP ASIAN HATE: A Toolkit for Addressing Anti-Asian Bias, Discrimination, and Hate, from the New York City Office of Human Rights. (Information and reporting guides are available in 18 different languages.)

- Asian Americans Advancing Justice has partnered with Hollaback! to make training available to equip people with techniques on how to safely intervene when they see or experience anti-Asian harassment. The next dates for each of the free public trainings are:
  - Bystander Intervention to Stop Anti-Asian/American Harassment and Xenophobia
  - Bystander Intervention 2.0 – Conflict De-Escalation Training
  - How to Respond to Harassment for People Experiencing Anti-Asian/American Harassment
Asian Mental Health Collective: Provides mental health resources for A P I communities, including a state-by-state directory of A P I therapists.

Asians for Mental Health A A P I Therapist Directory

Resources for the Asian American Community on Anti-Blackness: A compilation of resources, reading lists, and more on anti-racism and anti-Blackness for the Asian American community

From the Barnard Center for Research on Women (B C R W)

Call On Me, Not the Cops: A Community Resource by 18 Million Rising in Bengali/Bangla, Chinese (Simplified), Chinese (Traditional), English, Hindi, Japanese, Korean, Sinhala, Spanish, Tagalog, Tamil, Urdu, and Vietnamese

Don't Be A Bystander: Six Tips for Responding to Racist Attacks, a video production by B C R W and Project N I A

Readings:
- "The Answer to Anti-Asian Racism is Not More Policing" by Kayla Hui, Truthout, March 17, 2021
- "Critical Race Theory is Not Anti-Asian" by Mari Matsuda, Reappropriate, March 12, 2021
- "Ignoring the History of Anti-Asian Racism is Another Form of Violence" by Connie Wun, Elle, March 1, 2021
- Hate Crimes Against Asian Americans Are on the Rise. Many Say More Policing Isn't the Answer by Cady Lang, Time, February 18, 2021
- The Next American Revolution: Sustainable Activism for the Twenty-First Century by Grace Lee Boggs with Scott Kurashige (University of California Press, 2012)

**Organizations to Support:**

**Organizing Asian and Migrant Sex Workers**

- Red Canary Song: A Grassroots Collective of Asian and Migrant Sex Workers (N Y C and transnational)
- Butterfly: Asian and Migrant Sex Workers Network (Toronto)
- S W A N (Vancouver)

**Atlanta**

- Asian Americans Advancing Justice Atlanta
- Center for Pan-Asian Community Services
- National Asian Pacific American Women's Forum—Georgia Chapter

**New York**

- C A A V: Organizing Asian Communities
- Mekong N Y C
- National Asian Pacific American Women's Forum—N Y C Chapter
- Sakhi for South Asian Women

**National**

- Asian American Feminist Collective
- Asian American Legal Defense and Education Fund
- National Asian Pacific American Women's Forum
- Stop AAPI Hate

*Please note: This is a partial list. For more, visit [this community resource list in-progress](https://example.com).*

**Social Media (Instagram):**

*How to be an Ally + Help Asian American fight racism* (@IntersectionalEnvironmentalist)

@AAFC.NYC (Asian American Feminist Collective: N Y C-based Asian American feminists in solidarity)

@AAFC.NYC (Asian Americans for Equality N Y C)

@AAFFederation (Empowering N Y C’s Asian American community)

@DearAsianYouth (Empower, educate & uplift Asian youth)

@QueerAsianSocialClub (Queer Asian/Pacific Islander/Southwest Asian/Desi visibility)

@NextShark (A P I Social Media News Source)

@AsiansForMentalHealth (Asian Diaspora Mental Health Social Justice)

@18MillionRising (Organizing Asian America)

@AdvancingJustice_AAJC (Asian Americans for Advancing Justice)

@Nodutdol (N Y C-based Korean comrades for decolonization)

@RedCanarySong (Organizing with migrant & Asian sex workers in N Y C)

@GAMPIMNY (Empowering Q T A P Is)
@SouthAsianSMH (South Asian Sexual & Mental Health Alliance)
@TheFatSexTherapist (Non-binary butch queer radical south Asian sex and body therapist)
@SubversiveThread (Educators resources)
@CAAAVNYC (Grassroots organization for N Y C's Asian migrant community justice)
@KumuHina (Cultural leader for Hawai'i's traditional third gender māhū)
@TerisaSiagatonu (Sāmoan poet, speaker, educator, organizer)
@CSSWAPICaucus (Asian Pacific Islander Caucus at C S S W)
@TibetActionInstitute (Open-source technology, training, and strategy for Tibet and the World)
@KaiChengThom (Trans Author, Performer, Somatic Coach, Consultant & Conflict Resolution Practitioner, Intimacy Educator)