

Resources for Asian and Pacific Islanders community members

**NJIT Resources:**

**Our Space: BIPOC Therapy Group (C-CAPS)**

**Mondays 2:30 p.m. – 3:45 p.m. E.T.**

Facilitated by Shalin Bhatt

This group supports and connects students of color at NJIT, increasing a sense of community through conversations that center racial, ethnic, and cultural perspectives. Members commit to maintaining a safe and validating environment for diversity of thought, emotion, lived experience, and identity.

'Our Space' aims to enhance self-awareness, authenticity, empowerment, and one's ability to respond to stress, adversity, and trauma.

**Dates and Time:** Mondays from 2:30 p.m. to 3:45 p.m. ET. For location and more information, please contact Shalin Bhatt ([shalin.bhatt@njit.edu](mailto:shalin.bhatt@njit.edu))

**Organizations:**

[Asian American Advancing Justice Anti-Hate Crowd-sourced Community Resources Document](#)

Community-based Google doc organized both online and state-by-state events, reporting, and resources.

[Asian American Federation Booklet](#)

Stay Safe from Hate: How to Protect Yourself in Threatening Situations available in English, Chinese (simplified), Chinese (traditional), Korean, Japanese, Tagalog, Vietnamese.

[The University of Chicago Crown School of Social Work, Policy, and Practice Resources](#)

Resources developed by the Asian Students Association on Knowing the Facts, Educational Resources, Community Resources, Training Resources, Mental Health Resources, and References for Further Study.

**[STOP ASIAN HATE](#):** A Toolkit for Addressing Anti-Asian Bias, Discrimination, and Hate, from the New York City Office of Human Rights. (Information and reporting guides are available in 18 different languages.)

[Asian Americans Advancing Justice](#) has partnered with [Hollaback!](#) to make training available to equip people with techniques on how to safely intervene when they see or experience anti-Asian harassment. The next dates for each of the free public trainings are:

- [Bystander Intervention to Stop Anti-Asian/American Harassment and Xenophobia](#)
- [Bystander Intervention 2.0 – Conflict De-Escalation Training](#)
- [How to Respond to Harassment for People Experiencing Anti-Asian/American Harassment](#)

[Asian Mental Health Collective](#): Provides mental health resources for A P I communities, including a state-by-state directory of A P I therapists.

[Asians for Mental Health A A P I Therapist Directory](#)

[Resources for the Asian American Community on Anti-Blackness](#): A compilation of resources, reading lists, and more on anti-racism and anti-Blackness for the Asian American community

**From the Barnard Center for Research on Women (B C R W)**

[Call On Me, Not the Cops](#): A Community Resource by 18 Million Rising in Bengali/Bangla, Chinese (Simplified), Chinese (Traditional), English, Hindi, Japanese, Korean, Sinhala, Spanish, Tagalog, Tamil, Urdu, and Vietnamese

[Don't Be A Bystander: Six Tips for Responding to Racist Attacks](#), a video production by B C R W and Project N I A

**Readings:**

- ["The Answer to Anti-Asian Racism is Not More Policing" by Kayla Hui](#), *Truthout*, March 17, 2021
- ["Critical Race Theory is Not Anti-Asian" by Mari Matsuda](#), *Reappropriate*, March 12, 2021
- ["Ignoring the History of Anti-Asian Racism is Another Form of Violence" by Connie Wun](#), *Elle*, March 1, 2021
- [Hate Crimes Against Asian Americans Are on the Rise. Many Say More Policing Isn't the Answer by Cady Lang](#), *Time*, February 18, 2021
- [The Next American Revolution: Sustainable Activism for the Twenty-First Century by Grace Lee Boggs with Scott Kurashige](#) (University of California Press, 2012)
- [Stranger Intimacy: Contesting Race, Sexuality, and Law in the North American West by Nayan Shah](#) (University of California Press, 2012)
- [Freedom With Violence: Race, Sexuality, and the U.S. State by Chandan Reddy](#) (Duke University Press, 2011)
- [Impossible Subjects: Illegal Aliens and the Making of Modern America by Mae Ngai](#) (Princeton University Press, 2005)
- [Passing It On: A Memoir by Yuri Kochiyama](#) (UCLA Asian American Studies Center Press, 2004)

- [Immigrant Acts: On Asian American Cultural Politics](#) by Lisa Lowe (Duke University Press 1996)

### **Organizations to Support:**

#### Organizing Asian and Migrant Sex Workers

- [Red Canary Song: A Grassroots Collective of Asian and Migrant Sex Workers](#) (N Y C and transnational)
- [Butterfly: Asian and Migrant Sex Workers Network](#) (Toronto)
- [S W A N](#) (Vancouver)

#### Atlanta

- [Asian Americans Advancing Justice Atlanta](#)
- [Center for Pan-Asian Community Services](#)
- [National Asian Pacific American Women's Forum—Georgia Chapter](#)

#### New York

- [C A A A V: Organizing Asian Communities](#)
- [Mekong N Y C](#)
- [National Asian Pacific American Women's Forum—N Y C Chapter](#)
- [Sakhi for South Asian Women](#)

#### National

- [Asian American Feminist Collective](#)
- [Asian American Legal Defense and Education Fund](#)
- [National Asian Pacific American Women's Forum](#)
- [Stop AAPI Hate](#)

*Please note: This is a partial list. For more, visit [this community resource list in-progress](#).*

### **Social Media (Instagram):**

[How to be an Ally + Help Asian American fight racism \(@IntersectionalEnvironmentalist\)](#)

[@AAFC.NYC](#) (Asian American Feminist Collective: N Y C-based Asian American feminists in solidarity)

[@AAFENYC](#) (Asian Americans for Equality N Y C)

[@AAFederation](#) (Empowering N Y C's Asian American community)

[@DearAsianYouth](#) (Empower, educate & uplift Asian youth)

[@QueerAsianSocialClub](#) (Queer Asian/Pacific Islander/Southwest Asian/Desi visibility)

[@NextShark](#) (A P I Social Media News Source)

[@AsiansForMentalHealth](#) (Asian Diaspora Mental Health Social Justice)

[@18MillionRising](#) (Organizing Asian America)

[@AdvancingJustice\\_AAJC](#) (Asian Americans for Advancing Justice)

[@Nodutdol](#) (N Y C-based Korean comrades for decolonization)

[@RedCanarySong](#) (Organizing with migrant & Asian sex workers in N Y C)

[@GAMPIMNY](#) (Empowering Q T A P Is)

@SouthAsianSMH (South Asian Sexual & Mental Health Alliance)  
@TheFatSexTherapist (Non-binary butch queer radical south Asian sex and body therapist)  
@SubversiveThread (Educators resources)  
@CAAANYC (Grassroots organization for N Y C's Asian migrant community justice)  
@KumuHina (Cultural leader for Hawaii's traditional third gender māhū)  
@TerisaSiagatonu (Sāmoan poet, speaker, educator, organizer)  
@CSSWAPICaucus (Asian Pacific Islander Caucus at C S S W)  
@TibetActionInstitute (Open-source technology, training, and strategy for Tibet and the World)  
@KaiChengThom (Trans Author, Performer, Somatic Coach, Consultant & Conflict Resolution Practitioner, Intimacy Educator)