

Resources for Hispanic and Latinx community members

NJIT Resources:

Our Space: BIPOC Therapy Group (C-CAPS)

Mondays 2:30 p.m. – 3:45 p.m. E.T.

Facilitated by Shalin Bhatt

This group supports and connects students of color at NJIT, increasing a sense of community through conversations that center racial, ethnic, and cultural perspectives. Members commit to maintaining a safe and validating environment for diversity of thought, emotion, lived experience, and identity.

'Our Space' aims to enhance self-awareness, authenticity, empowerment, and one's ability to respond to stress, adversity, and trauma.

Dates and Time: Mondays from 2:30 p.m. to 3:45 p.m. ET. For location and more information, please contact Shalin Bhatt (shalin.bhatt@njit.edu)

Organizations:

Mijente - We are a political home for Latinx and Chicanx people who seek racial, economic, gender and climate justice. Often we are told as Latinxs that in order to get ahead we need to just work hard and not ask questions. We believe the opposite - we need to hold our heads high and speak out. Mijente helps people do this through campaigns, connects people across a wide network and serves as a hub for culture, learning and advocacy.

Link: <https://mijente.net/>

Social Media (Instagram):

@NalgonaPositivityPride (Eating disorder awareness and body liberation organization)

@VJ.Consulting (Consulting, coaching, training and keynotes for DEI and Justice)

@CSSW.Latinx (Latinx Caucus at CSSW)

@R29Somos (Stories and shifting the narrative, para nosotros)

@LatinxTherapy (Destigmatizing mental health in the Latinx community through bilingual podcast & platforms)

@ConMijente (Gente + Justicia. Our members are Latinxs/Chicanxs who are pro Black, pro queer, pro migrant y más)